

*Cairo University , Faculty of  
Medicine course on*

*Minimally invasive Operating*

*Techniques*

*in inguinal hernia*

*Repair*

*(Hernia Solutions, together for*

*life )*

*Course agenda day*

*09:30-12:00 am conference Room, lab201*

*Welcome*

*and Introduction*

*Theoretical Principles of Inguinal Hernia  
Surgery and Possible*

- *Overview of Methods*
- *Patient Selection Criteria*
- *Anatomy*
- *Mesh placement and fixation*

- *Topography and Ergonomics*

*12:00-01:00 Lunch*

*01:00-04:30pm Dry lab*

*Introduction of instruments and Possible Applications*

*Endoscopic Suturing and Knotting Techniques*

*Practical Exercises on Organ Model*

- *Peritoneal dissection*
- *Mesh placement*
- *Fixation of the Mesh*

*Day 2*

*9:30 am Wet Lab/ pantry*

*Introduction to the Related Anatomy and procedures*

*10:00 - 02:00 Wet Lab*

*Live operation part*

- *Peritoneal discussion*
- *Mesh placement*
- *Fixation of the Mesh*

*02:00-03:00 pm lunch*

*03:30 - 04:00 Pantry*

*Closing Discussion*

*Hand out Certificates*

*Farewell*

*Day3*

*10:00- 1:00 am MED NET Conference Room*

*Live transmission of inguinal hernia repair*

*1:00 - 02:00 Pm Lunch*